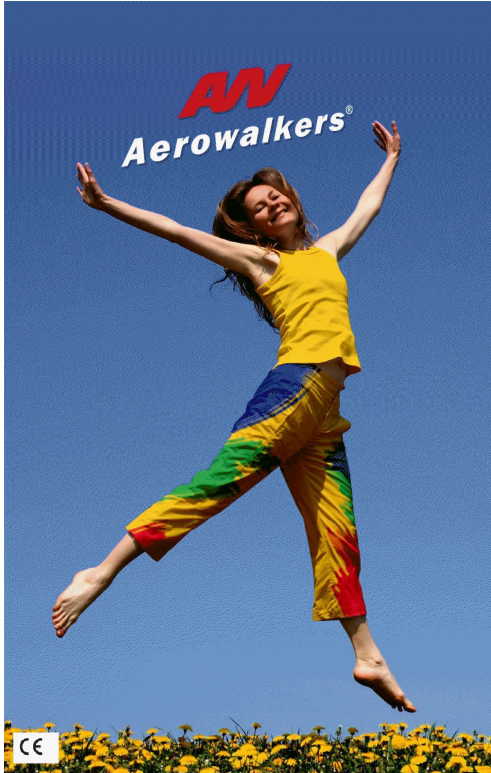


Aerowalkers™

Going on a **long haul flight**? Office worker and/or computer user? **Sedentary lifestyle**?

Feeling sluggish or **tired**? Suffering from **swelling**, stiff joints or having **difficulty walking**?



Our research found the single overriding need for people to enjoy a normal life was the ability to walk comfortably.

There are two primary reasons that limit a person's ability to walk: oedematous - swelling of the feet and lower legs, and tightening of the flexor muscles from pro-longed sitting. We discovered medical research which showed there was little known about a vein under the long arch of the foot that has been called the 'foot pump vein'. The use of Aerowalkers creates a pulsating action to the foot pump vein, which assists the dispersing of fluids from the feet and lower legs generating improved blood flow to and from the lower legs.

Regular use of Aerowalkers improves circulation, helps tone and build muscle density, and minimises the risk of Deep Vein Thrombosis (DVT).

Simply blow into your Aerowalkers to inflate and slip them on your feet. While sitting comfortably, gently rock your feet back and forth and feel the effects of this gentle exercise in a matter of minutes.

Aerowalkers have been designed to help in the following conditions: poor circulation, DVT, Oedema of feet and legs, lack of sensation, post fracture muscle recuperation, developing plantar pressure in recovering hemiplegics, sports injuries, foot injuries, pins and needles, etc.

Aerowalkers have been specially developed to meet general well being needs, enhancing circulatory activity during periods of rest, relaxation, recuperation or inactivity.

Aerowalkers help keep you active and maintain blood flow and muscle tone in your legs. Aerowalkers use a simple reflex action which requires relatively little attention and can be used when reading, watching TV, and on long haul flights. Aerowalkers are the kindest way to therapeutically relax your legs and feet whilst sitting down.

**Improve general circulation * Minimise the risk of DVT *
Improve muscle density * Tone leg muscles * Aid the
healing of strains and sprains ***

